

CHILD NUTRITION SERVICES







Check out our web page at: <http://www.rbusd.org> (Under Lunch Menus)

September 2009

Equal opportunity providers and employers.

Daily Milk Choices

Menu subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Three Alternative Entrée Choices:</p> <ol style="list-style-type: none"> 1. Yogurt 2. Grilled Cheese Sandwich 3. Deli Sandwich 	<p>1</p> 	<p>2</p> <p>Ravioli Sweet Corn</p> <p>Salad Bar Milk</p>	<p>3</p> <p>Homemade Chili Cheese Minute Maid 100% Frozen Juice Bar Salad Bar Milk</p>	<p>4</p>  <p>Fruit Strip Salad Bar Milk</p>
<p>7</p> <p>No School Holiday</p>	<p>8</p> <p>Turkey Dog BBQ Beans</p> <p>Salad Bar Milk</p>	<p>9</p> <p>Chicken Nuggets Green Beans Aloha Dinner Roll</p> <p>Salad Bar Milk</p>	<p>10</p> <p>Sloppy Joe on a Whole Grain Bun Cookie</p> <p>Salad Bar Milk</p>	<p>11</p>  <p>Fruit Strip Salad Bar Milk</p>
<p>14</p> <p>Turkey & Cheese Sandwich on a French Roll Sun Chips Salad Bar Milk</p>	<p>15</p> <p>Orange Chicken Green Beans Steamed Rice Salad Bar Milk</p>	<p>16</p> <p>Wrapped Puppy Minute Maid 100% Frozen Juice Bar</p> <p>Salad Bar Milk</p>	<p>17</p> <p>Hamburger on a Bun Ranch Beans</p> <p>Salad Bar Milk</p>	<p>18</p>  <p>Fruit Strip Salad Bar Milk</p>
<p>21</p> <p>Chicken Shapes Carrots Cookie</p> <p>Salad Bar Milk</p>	<p>22</p> <p>Mini Corn Dogs Seasoned Potato Wedges</p> <p>Salad Bar Milk</p>	<p>23</p> <p>Bean & Cheese Burrito w/Salsa Sweet Corn Minute Maid 100% Frozen Juice Bar</p> <p>Salad Bar Milk</p>	<p>24</p> <p>Spaghetti w/Meat Balls Cheese Stick</p> <p>Salad Bar Milk</p>	<p>25</p>  <p>Fruit Strip Salad Bar Milk</p>
<p>28</p> <p>Chicken Patty on a Whole Grain Bun Ranch Beans</p> <p>Salad Bar Milk</p>	<p>29</p> <p>Mac & Cheese Steamed Veggies (Carrots)</p> <p>Salad Bar Milk</p>	<p>30</p> <p>Teriyaki Beef Dippers</p> <p>Steamed Rice Fortune Cookie</p> <p>Salad Bar Milk</p>		<p>Available Daily</p> <p>Lunches include an entrée, choice of milk, salad bar, and side dish. Breakfast includes an entrée, fruit or juice, and choice of milk.</p>